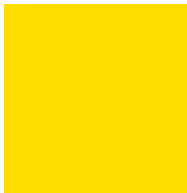




# inside reach

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2017



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## School's Back!

Reach Preschools in North and South Delta welcome children back for a year of exploration, creativity and belonging.

# inside reach

is published quarterly and is distributed free of charge to the membership of Reach Child and Youth Development Society. If you would like to subscribe or unsubscribe call 604-946-6622 ext. 0 or email [info@reachdevelopment.org](mailto:info@reachdevelopment.org) and write "newsletter" as subject line.

Submissions are welcome. Children's writing or artwork is welcome. Please include your contact information with your submission. Submissions can be emailed to [alisonm@reachchild.org](mailto:alisonm@reachchild.org) with "newsletter" in the subject line, faxed to 604-946-6622 (please do not fax artwork), mailed or dropped off at the front desk. For more information about the "inside reach" newsletter please call 604-946-6622 ext.337.



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North Delta, BC V4C 2L9  
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## Message from the President



Happy belated Thanksgiving!

We at Reach Child and Youth Development Society have so much to be thankful for.

In September Reach was the primary recipient of the Delta Firefighters' Charitable Society's annual Harvest Festival, held at Greystone Stables. Reach was the featured charity this year and proceeds totalling \$30,911 will be added to the Building for Children Together Campaign.

On October 4th, Vancouver Fraser Port Authority's Partners Gala took place and once again Reach was one of three beneficiaries of the \$250,000 total raised. This is the fourth year of the Port Gala Partners commitment to Reach.

We are grateful for the funding and even more grateful for the connections Reach is making in the community. Every connection enlightens those who are engaged to learn about the challenges children and youth with special needs face, and the support their families require.

As the gap for the *Building for Children Together Campaign* closes, the focus of Reach's Foundation Board will change from raising money for the building to increasing awareness and raising funds for expanded programming

at the new Lois E. Jackson Kinsmen Centre for Children, and in the community. The Society Board has always worked to raise awareness and will be fully supportive of this direction. Our members are working closely with Foundation Board members to coordinate the outreach.

We thank all those who have been so supportive of the Building for Children Together project in heart of our community: it will allow many more children with special needs to reach their full potential. We are looking forward to opening our doors once we raise the remaining \$300,000 of our \$5.7 million goal. Supporters of Reach are helping change the lives of so many more children.

Donna Burke, on behalf of the Society Board.

*Donna Burke*  
President



## 2017/2018 Board of Directors

### Reach Child and Youth Development Society :

Donna Burke, President; Phyllis With, Vice-president; Tom Siba, Treasurer; Marcia McCafferty, Secretary; Karen Ostrom, Director; Lynn Haley, Director; Shirley-Ann Reid, Director; Carmel Beckman, Director; Stuart Bowyer, Director

### Reach Child and Youth Charitable Foundation:

Denis Horgan, Chair; Katherine Bamford, Vice Chair; Tom Siba, Treasurer; Agnes Douglas, Director; Valerie Bartlett, Director; Bob Mann, Director; Jeff Scott, Director; Ryan Thomas, Director; Ulf Ottho, Director; Ryan Ormerod, Director



Like, follow, look and watch. There are lots of ways to connect to Reach. Visit us at [www.reachdevelopment.org](http://www.reachdevelopment.org) to link to all of our social media.

# North Delta Preschool

What a wonderful first month of preschool it has been at Reach! All the children seem to have settled in to their new routines extremely well. We have enjoyed watching new friendships blossoming and the reconnecting of friends from last year. We are very proud of our little ones as they do an amazing job of learning their new routines, being responsible helpers, and thoughtful friends. The teachers Amanda and Terri-Lyn, together with our support workers Jazmin, Rafiya and Simardeep, are excited and happy to be with your children and strive to provide an environment rich in possibilities to explore, think, deduce and discover.

There are a few spaces left in our North Delta Preschool. Please contact Oshrat Zemel, our preschool manager for more information or to register. Email [oshratz@reachchild.org](mailto:oshratz@reachchild.org) or telephone 604-946-6622 ext 308.



## The Reach PBS Program has expanded!



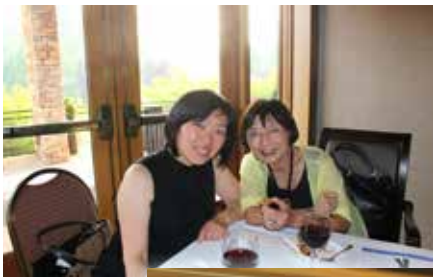
L to R

Elysa Philip ( Program Manager and Behaviour Consultant ) , Ashleigh Toulson ( Behaviour Consultant ) , Miriam Elfert ( Clinical Supervisor), Monisha Jassi ( Behaviour Consultant ) , Cathy Nidoski ( Behaviour Consultant ) , Karen Field ( Behaviour Consultant), Krista Jarrett (Behaviour Consultant) , Kaitlyn Pronyk ( Assistant Behaviour Consultant)

We are thrilled to announce that the Positive Behavioural Program will be able to serve more families now with this latest program expansion. The PBS program serves families with children and youth with special needs and who present with behavioural challenges in the Surrey, Delta and Langley area. Working in partnership with families, the PBS program helps provide a plan for reducing their child's challenging behaviour, and

increasing social skills, emotional competency, communication skills and self-help and independence skills. All referrals for this program must go through the Ministry for Children and Family Development Child and Youth with Special Needs Social Worker (MCFD CYSN team) . For more information about the Reach PBS program feel free to contact Reach PBS Program Coordinator Elysa Philip at [elysap@reachchild.org](mailto:elysap@reachchild.org) or 604-946-6622 ext 312.

# Reach's Annual General Meeting August 2017



Councilor Sylvia Bishop was on hand as one of the supporters integral to our Building for Children Together project's success who we thanked at this year's annual general meeting. Local Kinsmen, event volunteers, board members and staff were present at Beachgrove Golf Course for a celebration of the people who have worked so hard to make our new children's centre possible. The seven year journey is in the final stages with \$5.4 million of the \$5.7 necessary to complete raised.



Reach Society Board 2017/2018

## Those Morning Goodbyes

*Pam Collins*

Everything is going great until you have to say goodbye. Suddenly your child becomes teary and clingy and you try everything to help them with the transition. You may talk about all the wonderful things that will happen during their day. The teacher may come and try to entice your child into the classroom with all sorts of distractions. What is this all about?

We are human beings and are wired for connection. When we feel stressed our instinctual need is to pursue connection with our trusted people. For many children entering the classroom and disconnecting with the parent is a very stressful transition for a variety of reasons; fear of the unknown, possible illness, or previous negative experiences with the teachers or peers. Their brain kicks into survival mode and they do whatever they can to keep you close. What are some things we can do to help?

- Introduce the teacher as your friend. Dr. Gordon Neufeld talks about how, in previous times, parents introduced their



children to all the other adults in the village. This makes it safer to start building a relationship. Look for common interests between your child and the teacher to help promote the relationship.

Give them something to hold on to – a picture of the two of you or perhaps a little note in their lunch box.

Focus on the 'hellos' at the end of the day – talk about when you will be back to pick up your child or when you will see them again. Talk about how you will stop by the park or another activity on the way home.

- Develop little goodbye rituals – a little song, a handshake, a salute – routines and rituals are very calming for the brain.

For more information please check out Dr. Vanessa Lapointe's book "Discipline without Damage" and Dr. Deborah MacNamara's book "Rest Play Grow".

# Ivanhoé Cambridge help pack on Giving Back Day!



Hazel Cooksley with volunteers Reena, Elaine and Juliana

Huge thank you to Ivanhoé Cambridge staff who came to help us pack on their annual Giving Back Day, September 28, 2017. These hard working folks filled an entire storage container with Reach program items by 2 pm! They packed up our therapies, preschool and infant development programs. They sorted Applied Behavioural Analysis supplies and even packed up all the books in our lending library! Reach staff members were in grateful awe!



Julie Moore with volunteer Maria



Tassia Pickard with volunteers Hugh and Matthew



Volunteers Michael and Peter

## Wednesday Walkers

Reach Staff have been continuing to get together for a lunch time walk through out the excellent fall weather! Evidence increasingly shows that exercise is not only good for the body but also good for the mind. Join us!





# FREE SHREDDING EVENT

**1800-SHREDDING**  
Your Paper Shredding Specialists

**Saturday – November 4th, from 10:00am – 1:00pm**  
behind the Raymond James parking lot in Ladner.

All your papers will be shredded on site.  
Suggested maximum of 10 bankers boxes

Donations to  will be appreciated

\*BELIEVING IN POTENTIAL\*

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5090 48th Ave., Ladner  
604-946-8000

# Calendar

**Punjabi Speaking Parent Support Group** Are you a Punjabi speaking parent of a child with special needs? You are invited to join our parent support group to connect with other parents and enjoy a caring community of support. Strawberry Hill Public Library meeting room 7399 122nd Street Surrey. Date & Time: 11:45-1:15 pm Last Thursday of each month. Please call or email to register: Monisha Jassi 604-946-6622 Ext.315 or monishaj@reachchild.org

**Mom & Tot Meet-Up** Tuesday mornings 9:30-11:30 am. Come and join other moms and 0-3 year olds at the Early Years Centre in North Delta Recreation Centre, inside the Reach Play & Learn Centre. FREE Drop-in program. Parent attendance required.

**Reach Preschool Registration** Ongoing at inclusive preschools in North and South Delta. Contact Oshrat for more information. 604-946.6622 ext 308 or oshratz@reachchild.org

**New Parent Orientation** Last Wednesday of each month, 12:30-2:30 pm at #3-3800 72 St., Ladner. This is a program for parents with a recent Autism Spectrum Disorder child's diagnosis. Contact Pam at 604-946-6622 ext 359 or pamc@reachchild.org

**Delta Connex Parent Peer Group** Last Wednesday evening of each month at Reach Play & Learn Centre in North Delta Recreation Centre 11415 84 Ave. Last Friday morning of each month at Reach Ladner office 3-3800 72nd St. Support for parents of ADHD, FASD and other complex behaviours. Contact Robyn for more information 604-946-6622 ext 328 or robynl@reachchild.org

**Down Syndrome Support Group** First Thursday of each month, remaining dates for 2017 are Nov.2 and Dec.7. Contact Sarah at 604-946-6622 ext 321 or sarahg@reachchild.org

**Shredding Fundraiser** November 4, 2017 at Raymond James| South Delta Financial Group, 10 am to 1pm. Shredding by donation to Reach Foundation's *Building for Children Together* campaign. Look for the shredding truck in the parking lot at 5405 Ladner Trunk Road in Ladner.



*Visit*



**SHOP | DONATE | VOLUNTEER**

## Environmental Corner

*Karen Field*

Do you have items that you no longer need but do not know where to dispose of them responsibly?

Does the idea of throwing these items in the garbage and filling the landfills not appeal to you?

Finding your closest recycling depot is now at the tips of your fingers with the new BC Recyclepedia smart phone free App. Developed by The Recycling Council of British Columbia (RCBC), in partnership with the Society Promoting Environmental Conservation (SPEC), the free app is a quick and simple tool that helps users find over 1,000 drop-off locations and recycling options for over 70 materials or products across BC.



# Building for Children Together Campaign News



DELTA, BC (September 16, 2017) Reach was the featured beneficiary at the Delta Firefighters Charitable Foundation's Harvest Festival this year. It was a fantastic event with an amazing \$30,911 raised for Reach kids!



DELTA, BC (October 12, 2017) Susan Byrom, Courtney Roth, Dave Lanphear, Brady Jepsen, Kenneth D'Sena, Aaron Buma, Peter Podovnikoff and Jeff Dyck from Envision Financial and First West Foundation celebrated a cumulative \$75,000 donation with Reach Board Members Tom Siba, Denis Horgan, Ryan Ormerod and Development Manager Kristin Bibbs.



DELTA, BC (October 14, 2017) During local Kinsmen's Crab and Corn fundraiser, a \$1000 donation to Reach comprised of concession funds raised raised at Ladner Street Festival was announced! Proceeds from the Crab & Corn evening will also benefit local charities.



DELTA, BC (September 13, 2017) Joanne and Kevin Husband and daughter Katie Leek presented Reach Child and Youth Development Society Executive Director Renie D'Aquila and development manager Kristin Bibbs with a cheque for \$3,552 from this year's Canada Day Strawberry Fundraiser.

**TO DONATE:**

#3-3800 72nd Street  
Delta, BC V4K 3N2  
[www.reachdevelopment.org/campaign/how-you-can-help](http://www.reachdevelopment.org/campaign/how-you-can-help)

You will receive a charitable tax receipt for the full amount of your donation. For more info: 604-946-6622 ext.0

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FOUNDATION  
MAKING IT POSSIBLE

# Reach Building Construction Update



DELTA, BC (Oct.12, 2017)  
 Our official move date is slated for December. As you saw on page 5, packing has begun already. Here are some photos taken just before publication to keep you right up to date. Witness the interior finishing beginning: drywall dust and wiring all very much in evidence. We happily anticipate the increased efficiency and accessibility that our big, bright new space will provide for families!

Ryan Ormerod, Reach Foundation Director  
 Kristin Bibbs, Reach Development Manager

## We're Moving to 5050 47th Avenue, Ladner, SOON!



Envision Financial and First West Foundation visit our building site with Reach Directors Denis Horgan, Tom Siba and Ryan Ormerod



Exterior, September 18



Atrium over main stairwell