

W I N T E R 2 0 1 8

# Reach Preschool North

January-February Newsletter

## WELCOME BACK

Happy New Year  
everyone!

2018 has arrived and  
we are excited to begin a  
brand new year at Reach.

December at Reach  
Preschool was very busy  
with our Christmas  
celebration. The children  
worked very hard making a  
gift for their families and  
practicing all the Christmas  
songs.

Thank you to all the  
families who came to  
celebrate Christmas with us  
and thank you also for all  
the lovely gifts.



## OUTDOOR APPAREL

Just a reminder to parents that the children need to have warm coats, hats and mitts or gloves for outdoor play. Rubber or winter boots would also be helpful, as the playground tends to get very muddy at this time of year. Please remember to bring along indoor footwear for the children as well and make sure that your child's name is marked in all of their possessions.

### Save the Date!

#### Open House

January 31  
6:00 p.m.-8:00p.m.  
Registration  
packages ready

#### Family Day

February 12  
School closed.

#### Valentine Party

February 13, 14

## HEALTHY CHILDREN

We would like to thank our families for being so conscientious about keeping their children home when they are showing signs of illness. Our preschool classes have remained healthier this year than past years. It is very hard for sick children to be expected to cope with the busy routine at preschool and also very unfair to other families and staff to be exposed to unnecessary germs. If you are in doubt as to whether your child should attend preschool or not, please phone in advance of dropping them off.



## FAMILY DAY

School will be closed for family day on February 12.

## REGISTRATION

Registration packages will be ready for pick up on January 29, 2018 at the preschool.

Registration for any of our current children who will be returning next year will begin on Monday, February 5.

Families can drop off their registrations at the preschool any time after 9:00. Registration is on a first come/first serve basis.

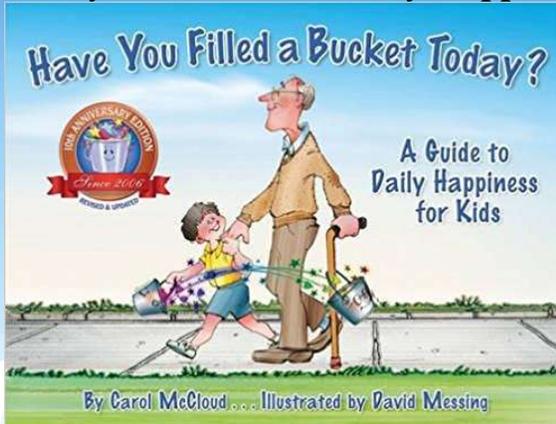
## OPEN HOUSE

We will be holding our preschool Open House on Wednesday, January 31 from 6:00 to 8:00 p.m. for new families. If you know of anyone who may be interested in having a look at the preschool or who may be interested in enrolling their child for 2018-2019 please let them know about the Open House. Children are welcome to attend the open house with their parents.



## HAVE YOU FILLED YOUR BUCKET TODAY?

A few years ago Amanda was introduced to this book: "Have You Filled a Bucket Today"? A Guide to Daily Happiness for Kids.



She fell in love with the simple way the book takes such an abstract concept of kindness and makes it concrete for even the littlest of learners to understand. The book really resonates with our children and the illustrations are wonderful. The book also allows us to create great character-development programs in our preschool: Bucket Filling and Bucket Dipping.

### What is Bucket Filling and Bucket Dipping?

Bucket filling is an easy-to-understand concept: Everyone carries an invisible bucket that holds our good thoughts and feelings. When our buckets are full, we feel happy and when our buckets are empty, we feel sad.

Children quickly understand that they can be a "bucket filler" when they do and say things that are kind, considerate, caring, and respectful. They also learn that when they are mean, inconsiderate, uncaring, or disrespectful, they are "bucket dippers"

We encourage all are kids to be "bucket fillers" and not "bucket dippers"!



So, have you filled a bucket today?