



At Reach we believe in the potential of every child and we know that each child is unique. We work together with families to recognize each child's strengths and develop their abilities.



Reach Child and Youth Development Society holds the three-year accreditation for Community Services: Child and Youth Services, and Community Services: Respite Services. CARF (The Commission of Accreditation of Rehabilitation Facilities).

# Reach Counselling Services Program

**The Reach Counselling Services Program provides counselling and consultation for families, individuals and couples in Delta who have a child with a developmental disability. We also provide play therapy and counselling for children and youth who have a developmental disability.**

regularly to parents and child care professionals on topics such as self-esteem, depression, attachment, and anxiety.

The program is open to any family in Delta who has a child with a developmental disability, or any family that is already accessing one of our other services.

Families in Delta with a child who has a developmental disability who are not receiving other Reach services can be referred by a professional from another agency in the community, or can self refer by contacting the Program Coordinator at (604)946-6622, extension 347 or [counselling@reachchild.org](mailto:counselling@reachchild.org).

For more information about the Reach Counselling program visit the Reach website at [www.reachdevelopment.org](http://www.reachdevelopment.org).

The Reach Counselling Services Program is neither a long term nor emergency service. If the situation is an emergency, the crisis line should be called at 604-951-8855. If it is anticipated that long-term intervention will be needed, other community resources will be provided.

## Benefits of Counselling Services

At Reach we understand that having a child with a developmental disability, or having a disability yourself, can create extra stress. Talking with a counsellor can often be very helpful. A counsellor can create the opportunity for the client to review their options and gain new perspectives. Outcomes for children are more likely to be better when parents feel positive and are able to cope.

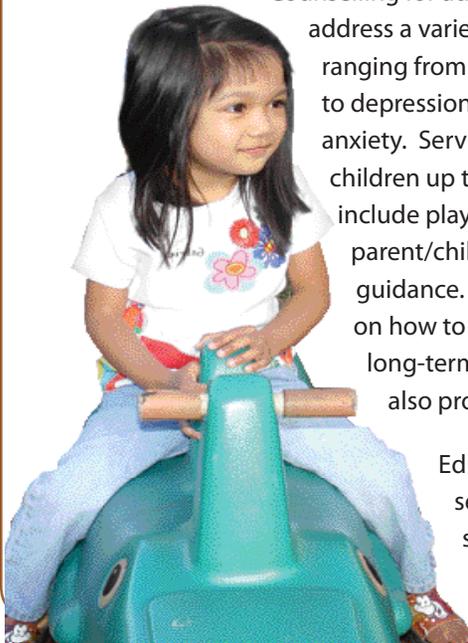


## Referrals to Reach Counselling Services Program

Families who are receiving other Reach services can access counselling service through a staff contact person at Reach or by emailing or calling the contact number listed.

Counselling for adults may address a variety of concerns ranging from marital stress to depression to social anxiety. Services for young children up to age 12 may include play therapy and parent/child interaction guidance. Consultation on how to access other long-term resources is also provided.

Educational seminars are scheduled



*“The outcomes for children are always better when parents feel positive and able to cope”*



When you have a child with special needs and you need counselling services...

# Help is within reach.

## Believing in potential

Each year over 800 children benefit from programs and services at Reach Child and Youth Development Society. Our family-centered, individualized, and responsive approach means that families experience success and each child is given the opportunity to reach their potential.

**Family Centered** Our family-centered philosophy recognizes that the family is the major decision maker and constant in the child's life and as such, we believe families should be in control and informed. We believe, that the primary aim of good service planning is to enable and empower families.

**Individualized** We recognize and respect the diversity and uniqueness of families and children and provide individualized approaches to goal identification and service planning.

**Responsive** We believe that it is essential that services be flexible to meet the changing needs of children and families, and to respond to input from the community regarding those needs.

**Experts in our field** We have brought together professionals with expertise and knowledge in a variety of areas including Early Childhood Educators, Speech Language Pathologists, Behavioural Consultants, Supported Child Development Consultants, Occupational Therapists, Infant Development Consultants, and others with extensive experience supporting families and children.

## Our vision

Communities where all children, youth and families are welcomed, included, and leading lives of well-being based on their own individual strengths, interests, and values.

## Our mission

To provide timely, accessible and supportive community programs and services for the optimal development of children and youth, where children, youth and families flourish and reach their potential.



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## Reach Counselling Services Program

[www.reachdevelopment.org](http://www.reachdevelopment.org)

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"BELIEVING IN POTENTIAL"