



inside reach

SPRING
newsletter
2018



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The 11th Annual McDonald's Fundraiser benefitting REACH was a huge success on May 2nd thanks to dedicated volunteers, customers and staff...Continued page 4

inside reach

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Message from the President



Our new space and nature playground had their official opening on February 24, 2018. The Lois E. Jackson Kinsmen Centre for Children is a big hit with Reach staff, its clients and its neighbours. The

members of our Board of Directors were very proud to be on hand with a number of our families and several hundred supporters from our caring community, without whose help we would not have been able to bring the project to successful completion. We've been told by a number of staff members that the new building is very functional and in-spires them with a sense of pride. It's a pleasure to work there.

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Recently it was National Volunteer Appreciation Week. Like most non-profits, REACH relies heavily on its dedicated volunteers. REACH Children's Exchange, FINDS, located in our new building, sees dedicated volunteers coming on a regular basis to organize donations and run the store. We had a good turnout of volunteers, along with staff

members, to McHappy Day at the Ladner and Tsawwassen McDonalds restaurants. The sun was shining and over \$10,000.00 was raised! A big "thank you" to Steve Krawchuk for once again allowing REACH to be the recipient of the McHappy Day donations at his restaurants, and thank you to all who contributed. Our gala planning volunteers have been working for months behind the scenes on our annual fundraising gala, Oceans of Potential. It will be held on June 2, 2018, and they will be there all evening to ensure the gala is a huge success and a really enjoyable evening. Our Board of Directors (also volunteers) thank you all for your dedication to REACH.

Our Board of Directors have important planning work coming up later this month. We will be joined by members of our Foundation Board, our Executive Director, Advisory Board members and Reach Coordinators for a Strategic Planning session where we will focusing on the future of REACH, putting the needs of our families first. I will discuss further in the next newsletter.

Donna Burke, on behalf of the Society Board.

Donna Burke
President

2017/2018 Board of Directors

Reach Child and Youth Development Society :

Donna Burke, President; Phyllis With, Vice-president; Tom Siba, Treasurer; Marcia McCafferty, Secretary; Karen Ostrom, Director; Lynn Haley, Director; Shirley-Ann Reid, Director; Carmel Beckman, Director; Stuart Bowyer, Director

Reach Child and Youth Charitable Foundation:

Denis Horgan, Chair; Katherine Bamford, Vice Chair; Tom Siba, Treasurer; Agnes Douglas, Director; Valerie Bartlett, Director; Bob Mann, Director; Jeff Scott, Director; Ryan Thomas, Director; Ulf Ottho, Director; Ryan Ormerod, Director



Like, follow, look and watch. There are lots of ways to connect to Reach. Visit us at www.reachdevelopment.org to link to all of our social media.

Spring Art Show

Carlyn Monforton and Lauren Spencer, moms at REACH Preschool South mounted a month long art show at Tsawwassen Art Centre this spring to showcase work by the 4 year old class. Entrance to the Official Opening was on March 15 and admission was by donation.

An incredible \$640 was raised at the event that was a real feel good for REACH preschool students. Each child was able to submit 2-3 pieces of art and worked on a collaborative piece to sell. Another preschool mom, professional photographer Kendal Blacker captured the delighted students' pride in participating as exhibiting artists.



Preschooler Brixton Monforton enjoys some sparkling apple juice at Tsawwassen Art Centre during fellow artists opening



Spring Donations



DELTA, BC (May 14, 2018) Proceeds from Battle of the Badges hockey between Delta Police and Delta Firefighters were donated to REACH. Both Police Chief Dubord and Fire Chief Scholfield were on hand to present \$1000 to Renie D'Aquila and Kristin Bibbs.



DELTA, BC (May 07, 2018) Ladner-Tsawwassen Kinsmen presented REACH with \$2,500. President Ian Sandham said "We are proud to support community organizations: it's what we do."

McHappy Day 2018 raises \$10,107



DELTA, BC (May 7, 2018) Many happy faces were in evidence on May 2nd at McHappy Day in South Delta McDonald's restaurants. Customers visiting, volunteers helping out and community groups performing all added to the community feeling of the day, \$10,107 and all proceeds benefitted children with special needs at Reach Child and Youth Development Centre.

Sales of Big Macs, coffee drinks, Happy Meals, iPad raffle tickets, socks and other branded merchandise benefitted the local charity for the 11th year, bringing the total donated to the Reach Foundation Building for Children Together campaign to \$71,955. Ladner and Tsawwassen McDonald's owner/operator Steve Krawchuck stated, "We are proud of our association with REACH and we passionately support the work they do with children in our community."



Delta Firefighters and Police were out in force adding to the fun at the Drive-thru and behind the counter at both South Delta McDonald's locations on May 2nd. Local students who generously volunteered their time to perform at McHappy Day included Deas Island Dance, Holly Elementary Choir, Southpointe Academy choir and jazz band and the O'Brien School of Irish Dance.



REACH Professional Development Day, April 13, 2018

Our ED Renie D'Aquila together with REACH's Clinical Manager Miriam Elfert reviewed REACH's vision, mission and values. Our vision is to build communities where all individuals and their families are welcomed, included, and leading lives of well-being, based on their own individual strengths, interests, and values. Renie also noted that new REACH strategic directions, including program expansion and facility and equipment needs, would be formalized at a planning session involving both boards and coordinators in May 2018. An opportunity was also provided for staff to give input to new strategic directions.



Subsequently a model of ethical decision making was presented. The staff were guided through a problem solving exercise that applied REACH's policies, principles and code of ethical conduct. Ethical decision making at REACH requires an understanding of REACH's vision, mission, principles and code of ethics as well as our governing policies and procedures. It may also require the involvement of a number of individuals including a staff member's supervisor and even the Executive Director and the Board of Directors.

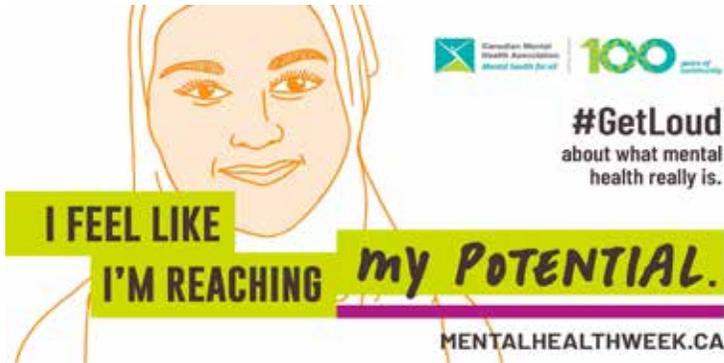
Pro D Day - Not Myself Today



REACH is participating in CMHA's Not Myself Today Program. This initiative builds understanding and awareness of mental health in the workplace, reduces stigma and aims to create a culture of creativity and positivity. It aims to engage people to change the way we think about, act towards and support mental health, how we support those facing challenges and how to build a safe and supportive work environment.

Not Myself Today is based on the insight that we all have days when we just don't feel like ourselves. Feeling a range of emotions is a normal part of life, and the more we understand these emotions, the better we can cope with them. Our mental health is just as important as our physical health and we should care for both equally. REACH Counsellor Yvonne McKenna, M.Couns, RCC, introduced the program on PRO-D day and feedback from staff was very positive.

The program aims to build mentally healthy workplaces by helping to break down the stigma that currently exists. As well as showing an introductory video at the Pro-D Day, Yvonne provided buttons for participants to select displaying emotions like "Frustrated" and "Anxious" as well as more positive emotions in an exercise to normalize and recognize all emotions. The conversations start around buttons displaying less positive emotions.



Pro D Day - Learning about WHMIS

Jeanette Tremblay

During our professional day, the Health and Safety team at REACH took the opportunity to implement education and training in regards to the WHMIS 2015 system that is being phased in by the end of 2018 to replace the WHMIS 1988 system. WHMIS stands for Workplace Hazardous Materials Information System and is the international standard for understanding and safely working with chemicals. In compliance with WorkSafe BC, and in an added effort to make sure all REACH staff and persons' served are as safe as possible when in our buildings, we took the opportunity to create a fun and interactive game where staff had to learn how to identify the hazard symbol for a product using the product's



data sheet. A data sheet is the name for the information sheets the company sends out for a product that lists all of the chemicals in a product, the hazards, and the safety protocols if a person is exposed to a chemical. Products that are currently in REACH buildings, such as Lysol, Goo Gone, and Sunlight dish soap were looked at in groups, and the attending staff now know what a data sheet is, where to find the data sheets at each site, how to read the 10 hazard symbols, and the numbers for poison control in case of an accident. Anyone else who would like more information on the WHMIS standards can look on the WorkSafe BC website, or by following the hyperlink <https://www.youtube.com/watch?v=NRKFc4DMFH0> (WHMIS 2015 for Workers) to watch a short video.

Reach for the Stars GALA



REACH FOR THE STARS
Gala Evening

June 2, 2018
5 - 10 pm
Tsawwassen Springs Ballroom
Mr. Steve Darling, MC

Oceans of Potential

6th Annual Gala Benefitting
Reach Child and Youth Development Society

Presenting Sponsor:  PORT of vancouver

Welcome Reception & Live Jazz
Heartwarming Family Stories
Fabulous Auction Prizes
Sumptuous Seated Dinner

Register at www.reachgala.com or call
604.946.6622 ext. 0

Environmental Corner

Karen Field

Do you have old or broken outdoor power equipment that you no longer use? Is it cluttering up your garage and you just don't know what to do with it? The Outdoor Power Equipment Institute of Canada (OPEIC) is a non-profit recycling program which accepts over 20 outdoor power equipment products such as pressure washers, lawnmowers and grass trimmers. The OPEIC program helps recover valuable resources and the materials will go back into the manufacturing of new products.

For a complete list of accepted products, or to find a drop-off location near you, visit: opeic.ca

Happy Spring Cleaning!!!



REACH Annual General Meeting 2018



Save the Date!
September 13
6:30 pm at REACH
Children's Centre,
5050 47th Avenue

WE ♥ OUR
VOLUNTEERS

RSVP 604.946.6622 ext.0 or info@reachchild.org

Shredding



SOUTH DELTA, BC (Apr.21, 2018)
– Re/Max Progroup Realty and South Delta Financial Group-Raymond James hosted a charity shredding event that raised \$3,215 to benefit Reach Child and Youth Development Society. Kristin Bibbs, REACH Development Manager stated “We were all blown away by the community turnout on this beautiful day! We cannot express enough thanks to everyone who came out and our apologies to those we had to turn away.”

We have another shredding event coming up for folks in North Delta at Vancity, 7211 120 St. on June 16, from 10-2:

Coming Soon!



SHREDDING by
Donation to
benefit REACH

REACH Centre for Children - GRAND OPENING



Dignitaries cut the centre's ribbon, including Ian Paton, Mayor Jackson & Minister Carla Qualtrough.

DELTA, BC (Feb.24, 2018) There was emotion in Mayor Lois Jackson's voice when she spoke during the opening of the new Reach Child and Youth Development Society building.

Standing at the podium on Feb. 24, she spoke about the importance of a dedicated space for children with special needs in the community.

"This facility will become a vibrant part of the community," Jackson said. "From Delta's perspective I think it's wonderful that we've come from being housed in modular buildings on 72nd Street, in a rural area, to now being in the centre of our community.

The 20,000 square foot building cost \$5.7 million — \$1 million of that was provided by the City of Delta, with an additional \$1.3 million of in-kind donations from the city, while the rest was provided through grants and donations from other organizations or individuals.

The building will double Reach's capacity to help children with special needs (currently Reach provides services to around 1,000 families) and create a centralized location that is accessible by bus.

Delta MP Carla Qualtrough stated: "When you're a parent and you're about to have a child, you have an almost naive sense of certainty about what their life will look like," she continued. "And when you're a parent, as my mum was, who is told that your child was born with some kind of disability, a lot of that certainty slips away. And you don't know what the future is going to hold for your child.

"Reach provides that certainty for the children and their families."



Chief Bryce Williams, Tsawwassen First Nation among guests.



Family of the late REACH Foundation Director, Captain Norman Stark.



Unveiling of the Building Sign (L;R Hon. Ian Paton, Mayor Jackson and George Hodgins).



Official opening of REACH Playground.



Delta Police Pipe Band officially open the festivities.



JPEGS provide musical entertainment.



REACH Foundation Board of Directors celebrate.

Social Smart Group

Reach Child and Youth Development Society



Social skills are one of the most important skills that children need to learn. More importantly, children need to have an understanding of the subtle and complex ways those skills are applied in social contexts. Social Smart Group is a program that provides a positive, safe and guided environment where children with Autism Spectrum Disorder (ASD) will be learning and practicing the social skills in the context of social skill building activities such as playing, chatting, snacking, and games. Social Smart Group is a 1.5-hour program that runs for 3 sessions with breaks in between (Fall, Winter and Spring), meeting once a week for a total of 24 weeks. The group is guided and taught by one behaviour consultant, and behaviour interventionists. Throughout the 24 weeks, our goal is to strengthen your child's social competency and confidence by coaching, and supporting their positive social interaction and relationship development with their peers.

Who:	Boys and Girls in grades 3 to 7.
Dates:	October 2018 until May 2019
Cost:	\$1800 for 24 weeks *Most families use autism funding to cover the cost of the program
Locations:	Reach South Delta: 5050 47 th Avenue Wednesdays 5:30pm to 7:00pm Reach North Delta: 10921 82 nd Avenue Tuesdays 6:00pm to 7:30pm



For further information to determine if this program is a good fit for your child, please contact:

Heather Anderson-Pickell
604-946-6622 ext. 332
heathera@reachchild.org