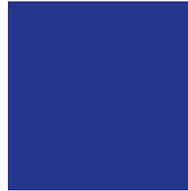
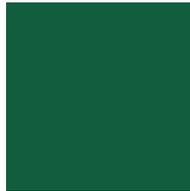




"BELIEVING IN POTENTIAL"

# inside reach

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newsletter  
2019



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in Children

## Happy New Year!

Here's some festive fun from our Preschool Holiday Party in December. Registration for the 2019/20 year is in person on Feb.23 at both Preschool North and South. Details on our back page...

# inside reach

is published quarterly and is distributed free of charge to the membership of Reach Child and Youth Development Society. If you would like to subscribe or unsubscribe call 604-946-6622 ext. 0 or email [info@reachchild.org](mailto:info@reachchild.org) and write "newsletter" as subject line.

Submissions are welcome. Children's writing or artwork is welcome. Please include your contact information with your submission. Submissions can be emailed to [alisonm@reachchild.org](mailto:alisonm@reachchild.org) with "newsletter" in the subject line, faxed to 604-946-6622 (please do not fax artwork), mailed or dropped off at the front desk. For more information about the "inside reach" newsletter please call 604-946-6622 ext.337.



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604-501-1502 Fax: 604-501-1359

## Message from the President



On behalf of the Board of Directors of Reach Child and Youth Development Society, I wish all our families, staff, volunteers and friends of REACH a Happy New Year. As the days begin to get longer, we wait for the first signs of Spring, especially those

little white snowdrops poking up through the ground.

It was just one year ago that we moved into our new building. I think it will always seem like the "new building" to me. It was a long time in the planning and raising the funds for this facility, and is such a pleasant and attractive place to work and visit.

We can look back on 2018 and acknowledge the contributions of so many. Our staff contribute to improving the lives of our families daily. The contributions of many individuals and organizations that support our programs allow us to expand programs and make them accessible to more children and families.

The Gift of Speech Campaign was highly successful and included a generous contribution from Tsawwassen Mills Mall. In addition, Tsawwassen Mills partnered with REACH to present Mingler at the Mills; a fundraising evening at the mall that included tastings and samplings from their restaurants, beverages from local suppliers and a fashion show.

The Vancouver Fraser Port Authority in partnership with Global Container Terminals, Fraser Surrey Docks, Western Stevedoring, and DP World Vancouver included REACH as a beneficiary of the successful Port Gala last October.

After a very successful last year in North Delta, Tasty Indian Bistro supported Reach at the 2nd annual A Taste of Reach Fundraiser at their new Yaletown location in early December.

We are so thankful for the sponsors that have generously contributed time, energy and funds to our programs. We cannot forget the contributions of individuals who include REACH in their donations to support our community.

We can also look forward to the events and happenings of the New Year. The Four Winds Brewery in Delta is sponsoring Cheers for Children fundraiser for REACH, on February 2, at the Harris Barn. After missing this event last year, I am looking forward to attending this year.

Plans are underway for our 7th annual Reach for the Stars Gala on Saturday, June 1st, again at Tsawwassen Springs Ballroom. Through these contributions, and many more, we can provide significant improvements in the quality of service that REACH provides to the community.

*On behalf of the REACH Society Board of Directors,*

*Phyllis With, President*

## 2018/2019 Board of Directors

### Reach Child and Youth Development Society :

Phyllis With, President; Karen Ostrom, Vice President; Ryan Thomas, Treasurer; Marcia McCafferty, Secretary; Lynn Haley, Director; Shirley-Ann Reid, Director; Carmel Tang, Director; Stuart Bowyer, Director; Angela Keulen, Director; Lois Wilkinson Director

### Reach Child and Youth Charitable Foundation:

Denis Horgan, Chair; Katherine Bamford, Vice Chair; Ryan Thomas, Treasurer; Tom Siba, Director; Agnes Douglas, Director; Valerie Bartlett, Director; Bob Mann, Director; Jeff Scott, Director; Somi Benning, Director; Laura Dixon, Director, Sharon Schoeffel, Director



*Like, follow, look and watch. There are lots of ways to connect to Reach. Visit us at [www.reachdevelopment.org](http://www.reachdevelopment.org) to link to all of our social media.*

# A Taste of Reach Fundraiser

VANCOUVER, BC (December 4, 2018) –

(December 4, 2018) - Tasty Indian Bistro celebrated their Grand Opening in Yaletown on December 4th and generously used the opportunity to support local children with special needs at the 2nd annual Taste of Reach fundraiser.

Tasty Indian Bistro staff and gourmet food made the event a wonderful experience once again! Delta Mayor George Harvie and Councillors were in attendance as well as dedicated REACH volunteers. Reach Foundation Director Somi Benning raised awareness at A Taste of Reach by sharing the challenges that one of her twin boys faced at birth and the help she received from Reach Society therapists and programs. This year's Taste of Reach fundraising event, made possible by Presenting Sponsor the Dilawri Group, will once again benefit Reach Child and Youth Development Society. "We are proud to support an amazing initiative like Taste of Reach. Children with special needs and



MC Fred Lee and Mayor George Harvie award a door prize to happy guest.



Presenting sponsor Ajay Dilawri arrives with guests.



REACH volunteers Peter & Linda Edwards, Susie Gall, Zahir Dossa, Gary Gall



their families often face challenges that most of us can only imagine. By providing this support, we are helping them to achieve their full potential and to realize their dreams." Ajay Dilawri explained. REACH Society also generously received support from REALCO as the event's platinum sponsor and from AllWest Insurance as silver sponsor.

CBC and Province media personality Fred Lee emceed the event and proceeds from the fundraising evening totaled over \$85,000. Ten items were offered at the event's live auction and dinner and appetizers were provided by Tasty Indian Bistro paired with wine and beer from The Drinks List, Charton Hobbs and Old Yale Brewing. Photos from the Province Jan.12/ 19 coverage below:



Denis Horgan, Carmel Tang, Bob Mann, REACH Directors



Somi Benning, REACH Director



Inder Saini, Owner Tasty Indian Bistro  
Paul Zalesky CEO All West Insurance



Delta Councillor Kruger & Mayor Harvie

<https://theprovince.com/opinion/columnists/fred-lee-social-network-mission-possible-transforms-lives>



Jas Uppal, Dr. Sereena Uppal, Dave Uppal

## Festive Fun in Programs!



Preschool North and South combined to have a holiday party at Reach's Centre for Children. Santa came for a visit and crafts, treats were enjoyed by all!



Down Syndrome Family Support Group Holiday Party was held in the community room at Lois E. Jackson Centre for Children. Ladner Rotary Club provided the trees and festive red chair pictured in the centre's community room as well as lighting up the trees outside in the park during December.

## BC Ferries Collects for REACH



DELTA, BC (January 2019) –

We visited BC Ferries Tsawwassen Terminal and picked up food donations that ticketing and terminal staff generously contributed over the holidays. This caring effort was spearheaded by Lori Crawford, pictured furthest right on photo.

## Lions Donate Toys!



(November 28) Al Cain from the Mt. Cheam Lions Club made and donated wooden cars to our preschools. Barry Shiles delivered the cars to happy children before the holidays to be enjoyed for years to come.

## Holiday Random Act of Kindness

Sandie Martins-Toner began doing random acts of kindness as a way to heal from her son's passing at the age of 16. For many years Sandie would gather food and clothing for people on the downtown east side and distribute them herself. Last year Sandie reached out and asked for support. Donations of new hats, toques, scarves and gloves came pouring in. She also received donations of new winter coats and juice boxes. Sandie had 8 volunteers help her package these items up in large Ziploc bags and distribute them. They handed out over 200 packages on a rainy day in December.



Karen Field, REACH PBS Consultant

When Sandie reached out to me I immediately let staff at Reach aware of this opportunity to make someone's winter warmer. The response was amazing!!

So I would like to thank all of the staff at Reach who donated items and made total strangers feel that they are not forgotten. For all of Sandie's projects, she can be found on her facebook page Random Acts of Kindness Day.

# Gift of Speech

(December 10, 2018) - Local moms Ashli Owen and Kendall Ayres got together with friends on Giving Tuesday Canada, Nov.29, at Ladner's Landing and gave back to their charity of choice in a big way. Reach Child and Youth Development Society was the fortunate recipient of \$1,250 from the generous group. Giving Tuesday is an international day of charitable giving at the beginning of the Christmas and holiday season created in 2013.

REACH launched Gift of Speech 2018 Holiday Campaign: In Honour of Haris on Giving Tuesday. REACH Gift of Speech helps children with complex needs receive early intervention speech therapy when it makes the greatest impact. Just over \$15,000 was raised thanks to our generous donors this year!

Giving Tuesday fundraiser organizer Ashli Owen said, "Thank you so much to everyone who came out to support REACH on Giving Tuesday and those who donated online! We are more than happy to contribute to such an amazing organization and to help kick off their Gift of Speech holiday campaign". Kendall Ayres is Haris's mom and she agreed to let him be the Gift of Speech's little spokesperson for a second time this year.

PHOTO L:R Back row-Archer, Ashli, Kendall; Front row-Ivy, Haris



## Mental Wellness in Children and Youth Linda Wong, REACH IDP Consultant

January 30th is Bell Let's Talk Day, on their website ([letstalkbell.ca](http://letstalkbell.ca)). This is a day in which a National Awareness Campaign begins with Canadians from around the country sharing their stories about mental illness. This campaign encourages individuals to talk, text and get engaged on social media to bring awareness to each individual's mental well being.

For caregivers/parents, it is equally important to be aware of our children's mental wellness. According to the Caring for Kids website, 20% of children and youth in Canada has a diagnosable mental health condition. Some of them include attention deficit hyperactivity disorder, anxiety, depression, eating disorders and/or learning disabilities. The good news is that most of these conditions are treatable! So how can we nurture our child and youth's mental wellness?

- Help children build strong and caring relationships where we spend quality time with our undivided attention. This gives opportunities for the child to share with us their day and they can feel heard.



- Help children and youth develop self-esteem. Show lots of love and acceptance and ask them questions about their interests. When they do well, praise them for their efforts.
- Listen and respect their feelings. It's ok for children to feel angry or sad. Provide open communication where you can ask questions and listen to their concerns.

How do we know if our child has a mental wellness issue? According to Caring for Kids, if they show changes in their thinking such as difficulty concentrating; changes in their feelings such as reactions and feelings are bigger than usual; changes in behaviour such as wanting to be alone more frequently; physical changes such as frequent tummy aches, headaches or lack of energy. There are many ways we can all achieve good mental health. If there are any concerns, confide in a close friend or colleague. If this is for your child, contact your local public health nurse or if there are more urgent concerns, talk to your family doctor.



# REACH Vision, Mission & Values

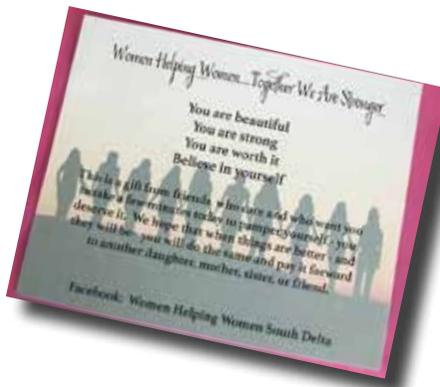
**Vision** - Communities where individuals and their families are welcomed, included and leading lives of well-being, based on their own individual strengths, interests and values.

**Mission** - To provide timely, accessible and family-centered community programs and services for the optimal development of children, youth and adults, where all individuals flourish and reach their potential.

**Values** - Respectfulness Excellence Attitude of Sharing Collaborative Spirit Honesty  
Continuous Improvement Handle resources efficiently Integrity Learning Diversity

## Women Helping Women

Denise Sheridan, REACH Early Years/ Group Respite/ TEENSS Coordinator helps with collecting and packing bags for women in need every December. For the 9th year in a row, volunteers made 1,047 gift bags for women containing toiletries and self-care items donated by South Delta community women, including REACH staff, in November. The bags are then distributed to shelters and centers who help women who are facing hardship.



Here's a quote from a recipient: "Thank you, it means a lot, I received a package one year — it made more of a difference than anyone could know. Every time I used a product I knew I wasn't forgotten, that somehow I mattered, so I tried to do the same in my everyday with others— and I learned when I take care of me I can do better for others. Thank you, the gift went far beyond a few products in a bag — it was done with such care, I think you toss some hope in there too."

## Delta CYC Open House

(December 8, 2018) Delta, BC - The Delta Child and Youth Committee (CYC) held a well attended info fair at Harris Barn in Ladner earlier this month. Elected officials including Minister Qualtrough, the MLA for South Delta Ian Paton, Councillor Dan Copeland, Councillor Dylan Kruger, School Board Trustees Val Windsor and Jessie Dosanjh, and School Board Chair Laura Dixon were present as well as staff from agencies, the Delta School District, and the Delta Police force.

Attendees were educated about the vital support provided to children and families in Delta by the CYC. The committee began meeting in the 1980's and is comprised of non-profit, government and community agencies and organizations that work to improve the lives of children, youth and families in Delta. By meeting regularly, members are able to avoid duplication of services, improve referrals, identify emerging needs within the community, and collaborate to ensure Delta receives its fair share of provincial and federal funds for children, youth, and families.

"We can continue to address the changing needs in our community because of the local organizations that have pledged financial and in-kind supports", stated steering Committee Chair Renie D'Aquila. This recent



L:R Leora Shipley, Camille Netheron, Katie Scozzafava, Yvonne McKenna, REACH STAFF

development ensures that the CYC is fully funded to continue operating in Delta next year. The CYC extends special thanks to the City of Delta, the Delta School District, the Delta Agricultural Society, Deltassist, Boys and Girls Clubs of South Coast BC, Reach Child and Youth Development Society, the Delta Division of Family Practice, and the Ministry of Children and Family Development for contributing. The breadth of this list is evidence of the CYC's importance to Delta.



## Recent Donations



(January 2019) Barry Shiles from the Surrey Central Lions Club generously donated hand-made ride-on wooden planes and animals to our program children. Martin, a teacher at Fraser Heights Highschool, created the toys and the preschool children pictured here were delighted!



(Nov.20, 2018) The Delta Firefighters Charitable Foundation presented a cheque for \$65,000 including a \$25,000 donation from Brad Newell, Owner, King of Floors. The funds were raised at Harvest Festival 2018 and will support the Reach Delta Connex Program. Program manager Camile Netherton applauded the firefighters for making a huge impact on Reach's ability to serve families. PHOTO L:R Travis Husband, Justin Vollweiler, Denis Horgan, Jared Burr, John Burr, Brad Newell, Camille Netherton, Drake Braslins Kristin Bibbs, Deborah Sharp, Nathan Killam, Daryl McMillan, Kristy Storey, Everly, Georgina & Brooklyn.



(Dec.19, 2018) Tsawwassen Mills collected donations totalling \$3,000 during 2018 and Rosavel Scott, Tsawwassen Mills Property Manager (far left), Scott Gardner (Tsawwassen Mills Operations Manager (3rd from left), Julia Dow, Tsawwassen Mills general manager (center); and Ayesha Qureshi, Tsawwassen Mills public and community relations coordinator (far right) presented a cheque to REACH.

**SAVE THE DATE!**  
**June 1, 2019**  
 5:30-10:30pm  
 Tsawwassen Springs  
 Steve Darling, MC

 **REACH FOR THE STARS**

7th Annual Gala Benefitting Reach Child and Youth Development Society  
*Shining Lights Gala*

# Infant Development Program Playgroup

Children reach milestones in playing, learning, speaking, behaving, and moving. As a parent you might notice that your child may not be reaching their milestones at the same rate as other children. A developmental delay is when your child does not reach these milestones at the same time as most of the children in the same age group.

You can gauge how your child develops by paying attention to how they play, learn, speak and interact with others. They might be sitting in the corner all by themselves or not responding to sounds. They may not respond when you call their name. Or they may be falling behind on another important milestone. The good news is, the earlier we recognize this the more you can do to help your child reach their full potential.

If you have concerns about your babies development, follow your instincts. You're the expert in your baby. With our help your child can reach their full potential. Don't wait and see. Support before 3 is key.



Come to our free DEVELOPMENTAL SCREENING at Infant Development Playgroup in Delta. Our South Delta Playgroup is held on the first Monday of the month at the Lois E. Jackson Center for Children, 5050 47th Ave., Ladner from 10-11:30 am. North Delta IDP Playgroup is held at the REACH Play and Learn Centre, 11415 84 Ave., inside the North Delta Recreation Centre from 10-11:30 am.



## Preschool Registration

**North Delta: 10921 82 Ave.  
South Delta: 5050 47 Ave.**



**February 23, 2019  
9-11 am**

**In Person  
Please**

Contact Alex : 604-946-6622 ext.308  
alexandrav@reachchild.org  
www.reachchild.org

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**[www.reachchild.org/events-workshops](http://www.reachchild.org/events-workshops)**