REACH CHILD AND YOUTH DEVELOPMENT SOCIETY

REACH AUTISM PROGRAM

“Believing in Potential”

604-946-6622

www.reachchild.org

REACH Autism Program

The REACH Autism Program is designed to help children learn skills to develop their independence that will allow them to participate in a positive way in family activities, school and their community.

Overview

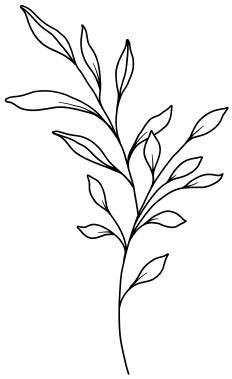
Each child and family is unique and requires a different combination of services to achieve their goals.

Our team will help you identify goals and learn with your child.

Current research *tells us that children learn best when they practice skills in context with their family, and with other children*

Children will learn:

- Communication and interaction skills when they practice with family members
- Self-care skills like toileting, dressing and teeth brushing when they practice with their parents in home routines
- Positive behaviors and emotional regulation when they participate in family, school and community activities
- Social skills when they can practice with peers



Support

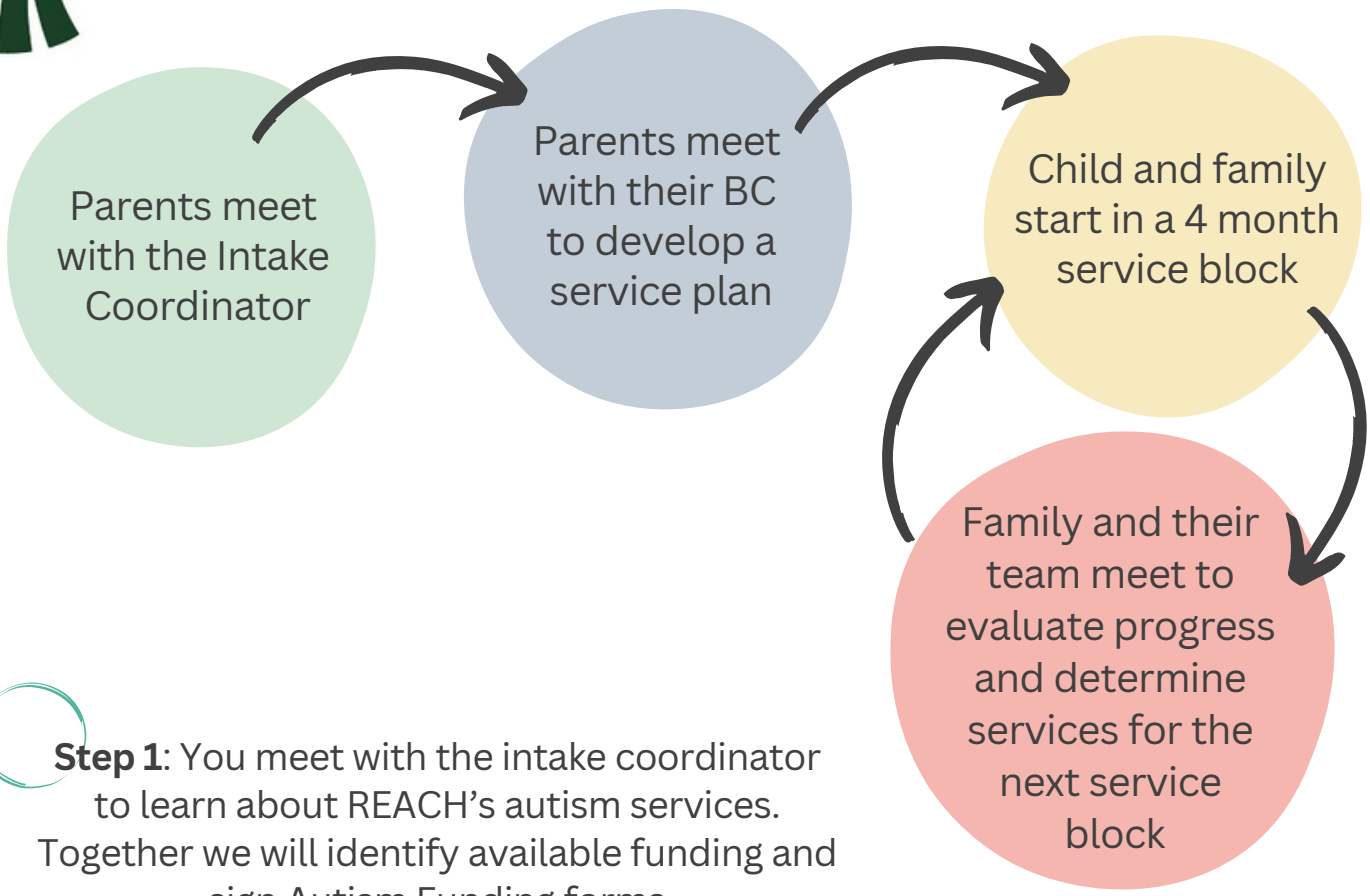
Our team of autism service providers includes Behaviour Consultants (BC), Speech-Language Pathologists (SLP), Occupational Therapists (OT), Associate Behaviour Consultants (ABC), and Autism Interventionists (AI).

We have four different service options to meet the needs of children and their families.

All our service options are offered in four month blocks. This provides flexibility to move from one type of service to another when your child's goals are updated and changed.

REACH Autism Program

Service Path



Step 1: You meet with the intake coordinator to learn about REACH's autism services. Together we will identify available funding and sign Autism Funding forms.

Step 2: Next, we develop the service plan. We start by meeting you and your child and gathering information about your strengths, needs, and priorities. This helps us jointly choose the best service options for you.

Step 3: You will start in a 4 month service block. At the beginning we develop a learning plan for your child. The plan has individualized goals for your child and family. At the end of the service block we meet to evaluate progress and update the plan. Families may then choose to continue in the same type of service, or they may choose a different service to help their child learn skills in a different setting.

REACH Autism Program

Little Steps

Description

- Each child will have an individualized learning plan
- Children learn 1:1 at a Reach Centre (Home sessions may be available)
- Parent participation is required for some goal areas
- All teaching is done by an AI, based on instructions provided by a BC, SLP and OT
- The child's BC, SLP/OT each observes one session per month to update goals and teaching strategies
- The child's ABC attends one session per month

Hours

- Children attend twice a week Mon/Wed or Tue/Thu at a Reach Centre
- Children attend for 4 hours per week for a 4 month block (2 hours each session)
- Blocks are Sep-Dec, Jan-Apr, and May-Aug

Learning Areas and Goals

Children learn skills in 3-4 areas from an AI.

Parent participation is required to transfer some skills from the centre to home routines. Families choose goals from the following areas:

- Concepts and early academics
- Toy play and interactions
- Fine motor skills including colouring, cutting, drawing and printing

Parent participation is required for these goals

- Communication
- Toileting
- Dressing
- Tolerating self-care routines (teeth brushing, hair cutting, nail trimming)
- Eating a variety of foods
- Emotional regulation

Requirements

Children do not need any specific skills to participate in this program. Parents need to be available:

- For additional appointments to learn how to transfer their child's skills to home routines

REACH Autism Program

Building Blocks

Description

- Each child will have an individualized learning plan
- Children learn in a group of 2-3 peers
- The group is run by a BC, SLP and/or OT
- An ABC or an experienced AI will support children in the group

Hours

- Children attend twice a week Mon/Wed or Tue/Thu
- Children attend for 3 hours per week for a 4 month block (1.5 hours each session)
- Blocks are Sep-Dec, Jan-Apr, and May-Aug

Learning Areas and Goals

All children learn to:

- Communicate and play together
- Follow directions in a group
- Move from one activity to the next when supports are in place

Families will also choose individualized goals for their child from the following areas:

- Communication
- Emotional Regulation
- Eating a variety of foods
- Concepts and early academics
- Toy play
- Drawing, printing, colouring and cutting

Requirements

To benefit from this group, children need to:

- Understand and follow some directions
- Make choices
- Stay with the group for activities

REACH Autism Program

Learning Together

Description

- Each child will have an individualized learning plan
- 1:1 therapy with children and their parents by a BC, SLP and OT at their home or a REACH centre
- Services include in person appointments and email, zoom, or phone calls for follow-up

Hours

- Children attend 1-3 times a month with their parent for a 4 month block
- Blocks are Sep-Dec, Jan-Apr, and May-Aug

Learning Areas and Goals

Families choose individualized goals for their child from the following areas:

- Communication
- Toilet training
- Eating a variety of foods or eating with utensils
- Emotional regulation and behaviours
- Tolerating self-care routines (teeth brushing, hair cutting, nail trimming)
- Sleep
- Family interactions and community activities
- Dressing
- Toy play

Requirements

Children do not need any specific skills to participate in this program.

Parents need to be available for all appointments with their child to learn teaching procedures

REACH Autism Program

School Readiness

Description

- Each child will have an individualized learning plan
- Children learn in a group of 5-6 peers
- The group is run by a BC, SLP, and OT
- One to two Autism Interventionists (AIs) will assist by supporting children in the group

Hours

- Children attend twice a week Mon/Wed or Tue/Thu
- Children attend for 4 hours per week for a 4 month block (2 hours each session)
- Blocks are Sep-Dec and Jan-Apr

Learning Areas and Goals

- Social Skills: Children learn to communicate, interact and cooperate with other children
- Executive Functioning: Children learn flexibility, organization, self-monitoring, planning and problem solving
- Regulation: Children learn to regulate their emotions
- Academics: Children learn reading, counting, drawing and printing skills

Requirements

To benefit from this group, children need to be able to:

- Understand and follow directions
- Make choices
- Sit at the table for activities
- Play with toys
- Participate in activities with peers when supported
- Move from one activity to the next when supports are in place

REACH Autism Program

Summary

Service	Learning Environment	Learning Areas/Goals	Requirements
Little Steps REACH Centre (Home sessions may be available)	1:1: The child learns from an AI who follows teaching instructions provided by a BC, ABC, SLP and OT	• Communication and play • Concepts and early academics • Drawing, printing, colouring and cutting • Eating a variety of foods • Toileting and dressing • Tolerating teeth brushing, hair cutting, nail trimming • Emotional regulation	Parents need to be able to practice some skills in home routines
Building Blocks REACH Centre	Group of 2-3 children Run by BC, SLP or OT with an ABC or AI	• Communication and play • Social Skills • Concepts and academics • Emotional regulation • Drawing, printing, colouring and cutting	Children need to have emerging communication skills and be interested in playing with an adult
Learning Together REACH Centre or Familys Home	1-1 therapy with the child and parent(s) Learn from a BC, SLP, and/or OT Children learn skills in home routines and in their community	• Communication • Emotional regulation and behaviours • Play, sibling and family interactions • Toileting and dressing • Eating a variety of foods • Tolerating teeth brushing, hair cutting, nail trimming • Sleep	Parents need to be available for all appointments with their child and to practice skills in home routines
School Readiness REACH Centre	Group of 5-6 children Run by BC, SLP and OT	• Social Skills • Emotional regulation • Organization, flexibility and problem solving • Academics	Children need to have basic communication and interaction skills and follow adult direction

REACH Autism Program

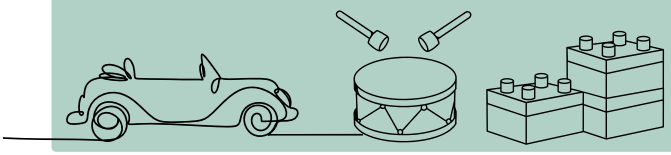
Rates

School Readiness

BC, SLP, OT $300/day
AI $70/day

$2,960/month

*Maximum $10,000/ 4-month block

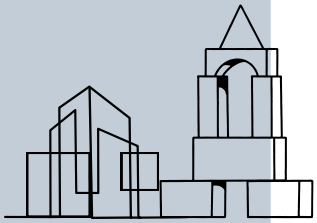


Building Blocks

BC, SLP, OT $225/day
ABC, AI $52.5/day

$2,220/month

*Maximum $7,500/ 4-month block

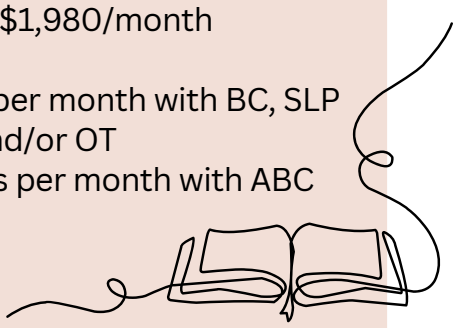


Learning Together

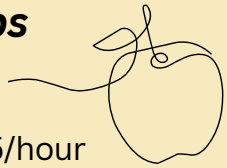
BC, SLP, OT $195/hour
ABC $140/hour

Average $1,980/month

Average 8 hours per month with BC, SLP and/or OT
Average 3 hours per month with ABC



Little Steps



BC, SLP, OT $185/hour
ABC $125/hour
AI $110/day

$2,180/month

*Maximum $7,500/ 4-month block

REACH Autism Program

Schedule

	Monday	Tuesday	Wednesday	Thursday
Morning	**Building Blocks 1** 9:15-10:45 ND House		**Building Blocks 1** 9:15-10:45 ND House	
Midday		**Building Blocks 2** 12:15-1:45 ND House		**Building Blocks 2** 12:15-1:45 ND House
After School		**Building Blocks 3** 3:15- 4:45 ND HOUSE		**Building Blocks 3** 3:15- 4:45 ND HOUSE
	Building Blocks 4 3:15- 4:45 ND HOUSE		**Building Blocks 4** 3:15- 4:45 ND HOUSE	
	Building Blocks 5 3:15- 4:45 LADNER		**Building Blocks 5** 3:15- 4:45 LADNER	
	Building Blocks 6 3:15- 4:45 LADNER		**Building Blocks 6** 3:15- 4:45 LADNER	

Little Steps	Mon/Wed **or** Tue/Thu	9:00-11:00 **or** 12:30-2:30 **or** 3:30-5:30	**ALL Locations**

***There are 3 closures through the year -*
*TWO WEEK closures during spring break, at the end of August and during winter break***

Ladner
5050 47th Ave
DELTA

North Delta
10921 82 Ave
DELTA