

# INFANT DEVELOPMENT PROGRAM

## IDP Playgroup Circle Time



Welcome to a brand new circle time video! Come sing with us!

[https://youtu.be/lxc\\_9bjdw4M](https://youtu.be/lxc_9bjdw4M)

## Fun Facts

- Toddlers are busy explorers who develop their “thinking skills” during everyday activities.
- Take your child on nature walks and ask “who, what and where” questions.
- Sort and categorize items during everyday routines (laundry, toy clean-up) and help your child cope with his feelings by labelling emotions.



## IDP Newsletter

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Dear IDP families, this week we would like to focus on cognitive development!

## Problem Solving Skills

The most important part of your child’s early learning experiences is YOU.

### Developing Thinking Skills From Birth to 12 Months

Babies learn by using their senses. They explore by touching and mouthing objects, listening to voices and music, and seeing the colourful, fascinating wonder all around them.

**Provide the help your child needs to solve problems**, such as showing your baby how to get the lid off the container so he can reach the blocks inside. Then put the lid on and let him try, before you do it.

### Developing Thinking Skills From 12 to 24 Months

Toddlers are little scientists.

**Give your child the chance to help around the house.** They can wipe down the counter with a towel or sponge, or help bag leaves. These activities give your toddler many chances to solve problems. They also make your toddler feel helpful which builds his self-esteem.



### Developing Thinking Skills From 24 to 36 Months

While you often hear this stage called the “terrible two’s”, it is also an amazing time when your toddler’s skills and personality continue to deepen and grow.

**Talk about feelings.** Help your child develop a feelings vocabulary. You are so mad that we have to leave the park. This helps your child understand and cope with her emotions. Talk about what others might be feeling: That little girl is jumping up and down and smiling. How do you think she feels?