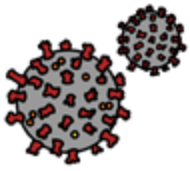
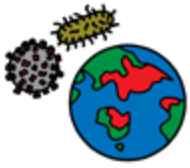
easterseals
Illinois Autism Partnership

School Closure Toolkit





Version 1.1 3/19/20

Schedules

Token Board

Resources

eastersealschicago.org

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School Closure Autism Toolkit – Directions for Use

We are hopeful that this toolkit will help support your child at home during this time of uncertainty. For a child with autism, visual supports can help to decrease anxiety and increase independence across all settings. This toolkit provides you with all that you will need to help structure your child's day at home, no matter his/her age.

Things I Can Do At Home: This page can be used for either A) category labels for you to house all of your schedule pieces or B) a color coding reference key.

Sensory, Life Skills, Academics, Movement, Leisure: These pages provide you with schedule pieces under each domain. You can either A) cut the pieces out to use in individual schedules or B) use the page as a choice board to reference during that activity time.

Schedule Pieces: While our toolkit focuses mainly on creating structured "chunks" of your day, we have also included full day schedule pieces if you would like to put a full schedule on your fridge or wall.

Extras: Missing a schedule, activity, or reward piece that isn't included in the toolkit? Tape a wrapper/label, print a picture, draw your own simple picture, or write the word on the piece to customize your own pieces. If you are a teacher or clinician and have access to Boardmaker Online, you can edit your own pieces by searching for Activity #29724776.

Choice Board: This is an optional page. If your child is overwhelmed by too many choices OR some of the schedule pieces are not options in your home, you can cut out a smaller number of choices and stick them on this board for your child to choose from. This can also be used as a reward choice board.

Finished Pieces: If you choose to use each domain (Sensory, Life Skills, Academics, Movement, Leisure) as a "choice" board and would like to keep track of which activities you've completed, you can use these green checks to cover up each schedule piece.

Token Boards: If your child needs a little motivation to get started with adult-directed activities, you can use the token board to help keep him/her on track. Choose 1-3 target behaviors you wish for your child to display, choose a reward, and fill in the circles as your child does what is asked. Seeing the circles fill will show him/her that he/she is close to earning a reward. You can color the circles, use stickers, or add Velcro pieces.

First/Then Board (Form A): This board is for an emerging learner who does better with only a few schedule pieces at a time. Place one non-preferred schedule piece on the left (first) and one preferred activity on the right (then). Repeat this throughout the day.

Activity Schedule (Form B): This board is for a child who understands schedules and is used to using one. You can either A) glue/tape [pre-selected] schedule pieces on top of each colored activity (child can help choose if appropriate) or B) follow this schedule as listed and when you get to each color, pull out the colored schedule boards for that activity and let your child choose). The color coding will help you follow the same "routine" each day, but the activities will change.

Agenda (Form C): This board is for an older child who can write the activities in each box OR if you don't wish to follow the color coded order of skill domains (e.g. you are doing 5 academic activities or 5 life skills activities during the day).

To Do List (Form D): This board is for an older child who is a reader and/or writer. Activities can be listed in the order to be completed (either from our examples or anywhere else). When each item has been finished, the child or adult can check the box that it has been completed.

For additional curriculum ideas and support, please click **HERE** for an up to date list of online resources available to you, which has been compiled for families with children with autism. (Also available at the end of this packet).

Things I Can Do at Home

Sensory

Life Skills

Academics

Movement

Leisure

Sensory

take a bubble bath

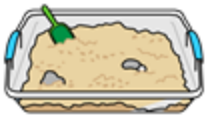
shaving cream on table

play doh

trampoline

swing

spin



sensory bin

hugs and squeezes

dance

painting

strings

slime

sensory bottle

blow up/play balloons

guess the smell

simon says

bean bag break

burrito

Life Skills

unload dishwasher

laundry

take trash out

sorting silverware

pair socks

folding

wash car

chore cards

money practice

yardwork

cooking

make beds

vacuum

sweeping

put clothes away

put toys away

do dishes

chores

Academics

Unique Learning System	Activities to Go	sorting
Learning Games	learning games	vocabulary
reading	math	worksheet
science	social studies	homework packet
writing	file folder activity	work boxes
letters	numbers	money

Movement

yoga

walk

swingset

play outside

dance

trampoline

soccer

run

obstacle course

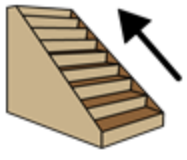
animal races

hallway bowling

pillow fight

smash bubbles

wall push ups

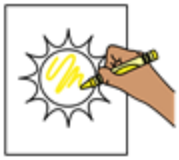

stairs

jump rope

walk the dog

basketball

Leisure



drawing

games

play

blocks

water play

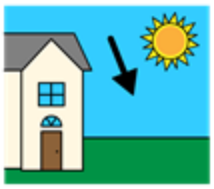
play doh

dolls

puzzles

art project

read books



play outside

ride bike

watch TV

YouTube

listen to music

card game

computer

iPad

Daily Schedule

breakfast

brush teeth

bathroom

snack

lunch

pajamas on

nap

rest

dinner

exercise

community

doctor

car

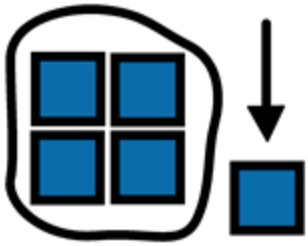
clean

bedtime

Activity Schedule

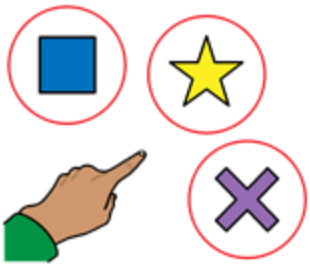
get dressed

hang out



Extras

Draw and/or write any extra pieces you need for your child's schedule.		



Choice Board

Put available choices on this board and let your child choose activities.

Finished Pieces

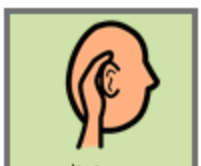
Use these pieces to cover up finished activities.

Token Boards

Use these token boards to help motivate your child to stay on track.

My Rules:

Working for...



First/Then Board

Add a non-preferred (First) activity and a preferred (Then) activity.

First/Then Board

Add a non-preferred (First) activity and a preferred (Then) activity.

My Activity Schedule

Add 5 schedule pieces to schedule. Choose reward and place or write on top of star.

First: | Finished

sensory

life skills

academics

movement

leisure

Then:

Agenda

Add 5 schedule pieces to schedule. Choose reward and place or write on top of star.

First:

Finished

Then:

Date: _____

To Do List:

1. _____ ☐
2. _____ ☐
3. _____ ☐
4. _____ ☐
5. _____ ☐
6. _____ ☐
7. _____ ☐
8. _____ ☐
9. _____ ☐
10. _____ ☐

When I finish my to do list, I can have free time.

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Click here for Online Resources

Recommended resources including apps, livestreams, curriculum supports, visual supports, subscriptions, websites, and other resources.