


Daily Schedule Example

| Task | Done |
|--|------|
|  <p>Wake Up</p> | |
|  <p>Brush Teeth</p> | |
|  <p>Get Dressed</p> | |
|  <p>Eat Breakfast</p> | |
|  <p>Read (30 minutes)</p> | |
|  <p>Exercise (30 minutes)</p> | |

* Note: Icons from Microsoft Word Icons (Insert tab)

Daily Schedule

| Task | Done |
|------|------|
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Daily Schedule Example

| Task | To Be Done | Done |
|--|--|---|
|  <p>Read (45 minutes)</p> | |  |
|  <p>Computer (30 minutes)</p> | |  |
|  <p>Eat lunch</p> |  | |
|  <p>Walk the dog</p> |  | |
|  <p>Complete homework</p> |  | |
|  <p>Eat snack</p> |  | |

Daily Schedule Using Stickie Notes

| Task | To Be Done | Done |
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Weekly Schedule

| Task | S | M | T | W | T | F | S |
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